

Cholecystectomy

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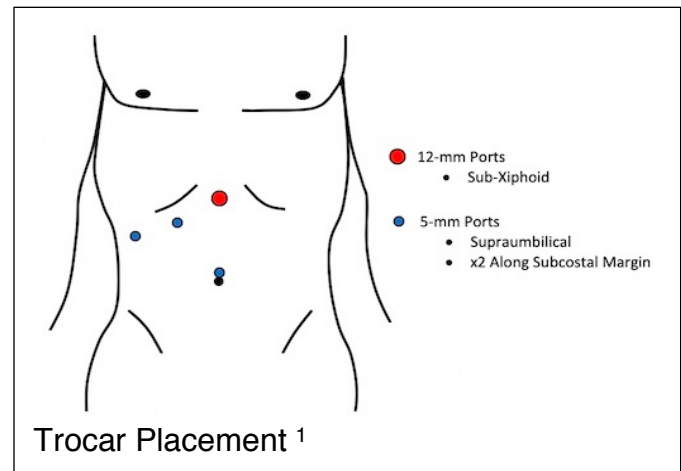
Minimally Invasive Cholecystectomy (Laparoscopic or Robotic)

Basics

- Removal of the Gallbladder by Minimally Invasive Means
- Can be Done by Traditional Laparoscopy or Robotically

Initial Positioning

- Patient Positioned Supine
- Arms Extended
- Prep Nipples-to-Groin
- Monitors are Placed with One at Each Shoulder



Abdominal Access

- Gain Pneumoperitoneum (Veress or Hasson Technique)
 - At Umbilicus or Palmer's Point
- Traditionally Done Using 4 Trocars
 - 3-Port, 2-Port, and Single-Port Techniques are Evolving ²⁻⁴
- Initial 5-mm Port Generally Placed at Umbilicus

- Position Table in Reverse Trendelenburg (Head Up) with Right-Side Up
 - Allows Bowel to Fall Dependently Out of the Field of View
 - Position Prior to Placing Additional Ports – Liver May Fall Dependently and Necessitate Lower Port Placement than if Placed Prior to Positioning
- Place Additional Ports
 - 12-mm Port at the Subxiphoid Site
 - Placed Immediately to the Right of the Falciform Ligament
 - Will Cause Difficulty Exchanging Instruments if Placed to the Left Due to Falciform Ligament Being in the Way
 - Two Additional 5-mm Ports Along the Right Subcostal Margin
 - Placed Below the Edge of the Liver

Procedure

- Expose the Gallbladder
 - **Retract the Fundus Cephalad**
 - **Retract the Body Laterally**
 - *If Difficult to Grab – Consider Decompressing the Gallbladder by Needle-Aspiration
- Expose the Critical View of Safety
 - *See Below
- Divide the Cystic Duct & Cystic Artery
 - Two Clips Away from the Gallbladder & One Clip Near the Gallbladder
 - *Terms Proximal & Distal are Generally Discouraged Due to Variability in Meaning (Proximal to the Gallbladder vs Proximal from the Origin) ^{5,6}
- Dissect the Gallbladder Off the Liver Bed and Remove
 - Consider Using an Endoscopic Retrieval Bag
- Ensure Hemostasis
- Close Incision Sites

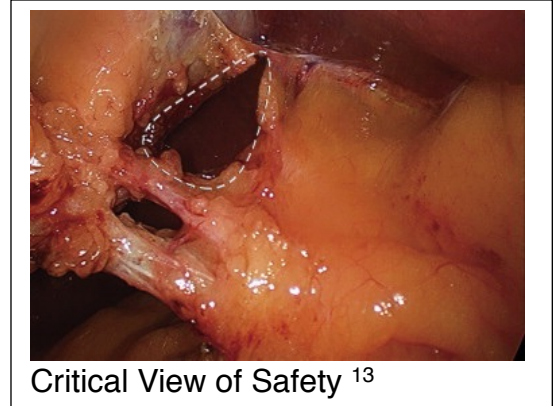


Endoscopic Retrieval Bag

- Minimize Risk of Tumor Dissemination in Gallbladder Cancer ⁷
- Minimize Risk of Spilling Infected Bile, Stones, or Purulence in Acute Cholecystitis ⁸⁻¹⁰
- No Proven Benefit in Reducing Infection Rate After Elective Surgery ¹¹
 - May Consider Avoiding in Absence of Acute Cholecystitis, Accidental Intraoperative Perforation, or Suspected Carcinoma ¹¹

Critical View of Safety ¹⁴

- Hepatocystic Triangle (Triangle of Calot) Cleared of All Fat & Fibrous Tissue
- Lower Third of the Gallbladder Separated from Liver to Expose the Cystic Plate
- Only Two Structures Are Seen Entering Gallbladder (Cystic Artery and Cystic Duct)
 - “Doublet View” – Seen from Both the Anterior and Posterior Views to Confirm the Critical View
- ***See the SAGES Safe Cholecystectomy Program**



Intraoperative Cholangiogram (IOC) & Common Bile Duct Exploration (CBDE)

- ***See Intraoperative Cholangiogram (IOC)**
- ***See Common Bile Duct Exploration (CBDE)**

Open Cholecystectomy

Indications ¹⁵

- Indications:
 - Patient’s Informed Request for an Open Procedure
 - Known Dense Adhesions in the Upper Abdomen
 - Known Gallbladder Cancer
 - Surgeon Preference
- Relative Contraindications for Laparoscopic Cholecystectomy:
 - Generalized Peritonitis
 - Septic Shock from Cholangitis
 - Severe Acute Pancreatitis
 - Untreated Coagulopathy
 - Lack of Equipment
 - Lack of Surgeon Expertise
 - Prior Abdominal Operations Which Prevent Safe Abdominal Access or Progression of the Procedure
 - Advanced Cirrhosis with Hepatic Failure
 - Suspected Gallbladder Cancer

Procedure

- Right Subcostal Incision (Kocher Incision)
 - 15-cm Incision 2-cm Below the Costal Margin
 - Can Connect Laparoscopic Incisions if Converted
 - Can Also Perform by an Upper Midline Incision
- Dissect and Remove the Gallbladder
 - Retrograde/Anterograde Approaches – See Below
- Ensure Hemostasis
 - Venous Bleeding Can Generally Be Controlled by Holding Constant Pressure for 5-10 Minutes
 - Other Options: Hemostatic Agents, Hemostatic Sutures
- Close Fascia in Two-Layers
 - Use Running Slowly Absorbable Suture (PDS)
 - Posterior Layer: Transversalis Fascia and Peritoneum
 - Anterior Layer: Anterior Fascia
 - Do Not Include the Muscle – Increases Risk for Muscle Necrosis with No Increased Strength to Closure
- Close Skin

Retrograde (“Bottom-Up”) Approach

- *Similar Approach as a Laparoscopic Cholecystectomy
- Start Dissection at the Infundibulum
- Identify the Critical View of Safety
- Divide the Cystic Duct and Cystic Artery
 - Ligate with Clips or Sutures
- Dissect the Gallbladder Off the Liver Bed and Remove

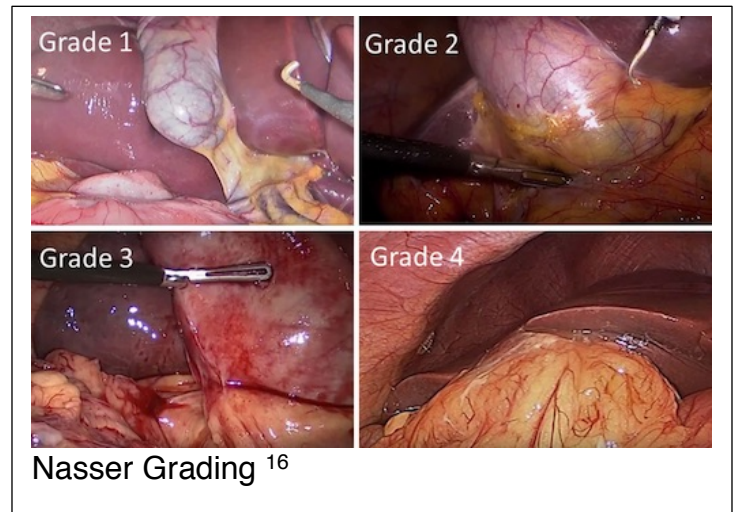
Antegrade (“Top-Down”) Approach

- Also Known as “Fundus-Down” or “Dome-Down” Approach
- *Most Commonly Preferred Approach
- Start Dissection at the Fundus
 - Place a Clamp on the Gallbladder Fundus to Provide Traction
- Free the Gallbladder Posteriorly and Laterally from the Cystic Plate
- Expose the Cystic Duct and Cystic Artery
- Divide the Cystic Duct and Cystic Artery
 - Ligate with Clips or Sutures

Management of the Difficult Gallbladder

Grading Systems

- Nassar Grading ¹⁷
- Parkland Grading Scale for Cholecystitis ¹⁸
- The Tokyo Guidelines 2018 for Acute Cholecystitis ¹⁹
- American Association for the Surgery of Trauma (AAST) Emergency General Surgery (EGS) Score ²⁰
- *No Single Scoring System Universally Adopted – AAST EGS Score is Commonly Accepted



Intraoperative Cholangiogram (IOC)

- Should Be Used Liberally, Especially in Difficult Cases with Unclear Anatomy
- Routine Use is Controversial – Evidence is Insufficient ^{21,22}
 - Currently Considered Not Mandatory, Although Practice May Improve Outcomes in More Challenging Cases
- *See Intraoperative Cholangiogram (IOC)

Options if Approaching a Zone of Significant Risk ¹⁴

- Conversion to an Open Procedure
- Subtotal Cholecystectomy After Removal of All Stones
 - *See Below
- Cholecystostomy Tube
- Low Threshold for Calling in Help of Other Experienced Surgeons

Conversion to Open Procedure

- Conversion to an Open Procedure Should Not Be Considered a “Complication”
- Rate of Conversion: Generally Reported as 1-15% ^{23,24}
 - Modern Rates Lower and Decreasing
- Conversion Increases Operative Time, Complication Rates, and Length of Stay ^{25,26}
- Risk Factors for Conversion: ^{27,28}
 - Older Age (≥ 50 -65 Years)
 - American Society of Anesthesiologists (ASA) Classification
 - Male Gender
 - Emergency Admission
 - Acute Cholecystitis
 - Gallbladder Wall Thickness

- CBD Stones/Jaundice
- Dilated CBD
- Low Albumin
- Cirrhosis
- Previous Abdominal Surgery
- Modern Surgeons are Generally More Comfortable with Laparoscopic Approaches with Conversion Often Providing Less Benefit
 - All Surgeons, However, Should Be Comfortable Opening if Necessary

Subtotal Cholecystectomy

Definitions

- Definitions: ²⁹
 - *Subtotal Cholecystectomy*: Removal of Almost All of the Gallbladder
 - *Partial Cholecystectomy*: Removal of Only Part of the Gallbladder
 - Quantitatively Less Than a Subtotal Cholecystectomy Although Often Used Interchangeably
 - *Fundectomy*: Removal of Only the Top-Half or Less of the Gallbladder
- Types of Subtotal Cholecystectomy: ²⁹
 - *Subtotal Fenestrating Cholecystectomy*: Does Not Produce a Remnant Gallbladder
 - Generally the Preferred Technique in These Situations
 - Higher Risk of Bile Leak and Bile Fistula – Most Resolve Spontaneously
 - *Subtotal Reconstituting Cholecystectomy*: Produces a Remnant Gallbladder
 - Higher Risk for Recurrent Stones or Cholecystitis from the Remnant

Fenestrating Technique

- Gallbladder is Opened and Drained at the Fundus
- Bile, Stones, and Debris are Suctioned or Removed
- The Gallbladder Incision is Extended Posteriorly Around the Gallbladder Neck
 - Cystic Duct/Artery are Not Dissected
 - All Dissection Should Remain Superior to the “Line of Safety” Extending from Rouviere’s Sulcus
 - “Shield” of McElmoyle: The Bottom Lip of the Free Peritonealized Gallbladder is Left Behind to Protect from Entering the Hepatocytic Triangle
- The Anterior Wall of The Gallbladder is Completely Removed
 - The Posterior Wall is Generally Left on the Cystic Plate Although the Superior-Most Portion May Be Excised
- Remnant Mucosa is Ablated by Cautery or Argon Beam
- May Consider Purse-String Closure of the Cystic Duct from the Inside if Feasible – Often Foregone Due to Safety Concerns
- Leave a Drain Near the Stump to Drain the Presumed Bile Leak (3x Risk)

Reconstituting Technique

- Similar to a Fenestrating Technique
- Instead of Leaving Open, The Lumen is Closed with Sutures or Staplers
- Produces a Small Remnant Gallbladder

Complications

Postcholecystectomy Diarrhea

- Definition: ≥ 3 Loose Stools Per Day After Cholecystectomy
- Risk: 2.1-57.2%³⁰
- Most Often Stops After Days-Weeks but Can Last for Years
- Causes:
 - Increased Enterohepatic Circulation³¹
 - Increased Bile Salts in the Colon – From Interruption of a Negative Feedback Loop in Bile Acid Synthesis³²
 - Altered Gut Microbiome³³
- Patients with Prior Gastrointestinal Symptoms are at Higher Risk³⁰
- Treatment Options:
 - Dietary Modifications
 - Cholestyramine (Bile Acid Sequestrant)
 - Loperamide

Postcholecystectomy Syndrome

- Definition: Complex of Heterogenous Symptoms That Persist/Recur Colic After Cholecystectomy³⁴
- Risk: 5-30%³⁵
- Symptoms:³⁴
 - Abdominal Pain
 - Dyspepsia
 - Nausea and Vomiting
 - Jaundice
 - Fever
- Risk Factors:^{36,37}
 - Urgent Surgery
 - Lack of Gallstones
 - Increased Duration of Preoperative Symptoms
 - Female Sex
 - Younger Age (20-29 Years)

- Biliary Causes: ³⁴
 - Retained Stones
 - Biliary Injury
 - Bile Leak
 - Bile Duct Stricture
 - Remnant Gallbladder with Stones/Inflammation
 - Remnant Cystic Duct with Stones/Inflammation
 - Biliary Dyskinesia
- Non-Biliary Causes: ³⁴
 - Pancreatitis
 - Pancreatic Tumor
 - Pancreatic Divisum
 - Hepatitis
 - Peptic Ulcer Disease
 - Mesenteric Ischemia
 - Diverticulitis
 - Esophageal Disorders
 - Intestinal Motility Disorders
 - Coronary Artery Disease
 - Intercostal Neuritis
 - Wound Neuroma
 - Psychiatric Disorders
- Diagnosis Can Be Difficult
 - Options: US, CT, or MRCP
 - May Require Sphincter of Oddi Manometry
- Treatment: Based on Specific Cause

Biliary Injury

- Risk for Major Bile Duct Injuries: ³⁸
 - Elective Surgery: 0.1%
 - Emergent Surgery: 0.3%
- 30-Day Mortality: 2% ³⁹
- Effort to Avoid:
 - Use of the Critical View of Safety Prior to Transection
 - Liberal Use of Intraoperative Cholangiogram – Studies Show Higher Incidence When IOC is Performed but Confounded by the Fact that IOC is More Frequently Used in Difficult Cases ^{40,41}
 - *See Management of the Difficult Gallbladder Above
- One of the Most Feared and Morbid Complication of Cholecystectomy
- *See Biliary Injury

Intraoperative Gallbladder Perforation

- Incidence: 10-33%⁴²
 - Possibly Under-Reported in Literature Due to Poor Documentation in Operative Reports with Retrospective Analysis⁴²
- Risk Factors:⁴²⁻⁴⁴
 - Acute Cholecystitis
 - Dense Adhesions
 - Tense Distended Gallbladder Not Decompressed
 - Difficult Operation
 - Learning Surgeons/Residents
- Steps When Gallbladder is A Risk for Perforation:^{42,45}
 - During Dissection Off the Liver Bed – Most Common
 - Manipulation by Laparoscopic Instruments
 - Slippage of Cystic Duct Clips
 - Gallbladder Tearing During Retrieval from a Port Site
- Generally Harmless with No Adverse Consequences in Most Cases⁴²
 - Perforation is a Risk for Spilled Stones and Postoperative Abscess⁴⁵
 - Bile Can Cause a Chemical Peritonitis⁴²

Retained Stone

- Definitions Vary:
 - *Retained Stone*: Refers to Any Stone Left Behind and Not Removed During Cholecystectomy
 - Can be in the Peritoneal Cavity or in the Common Bile Duct
 - *Spilled/Dropped Stone*: Specifically Refers to a Stone Left in the Peritoneal Cavity After Gallbladder Perforation
- *Retained Common Bile Duct Stone*
 - Mechanisms:⁴⁶
 - Spontaneous Migration from the Gallbladder Between Preoperative Imaging and Surgery
 - Migration During Gallbladder Manipulation
 - Asymptomatic Radiolucent Stones Already Present in the CBD but Not Detected by Preoperative Imaging
 - Preoperative Imaging Missed a CBD Stone Already Present
 - Primary CBD Stone Developed After Surgery
 - Can Present Days-Years After Surgery
 - Risk for a Clinically Significant Retained CBD Stone: 1-3%^{46,47}
 - No Proven Benefit to Routine Use of IOC in Reducing Rates of Retained Stones
 - Treatment: ERCP
- *Spilled/Dropped Stone (Gallstone Expectoration)*
 - Stones Serve as a Nidus for Infection and Can Cause Abscess⁴²

- Risk Factors for Complications After Spilled Stones: ⁴⁸
 - Infected Bile
 - Spillage of Pigmented Gallstones – High Likelihood of Harboring Bacteria
 - Multiple Stones (> 15)
 - Large Stones (> 1.5 cm)
 - Old Age
- Surgeon Should Attempt to Retrieve All Spilled Stones at the Index Operation
- Treatment of Abscess: Laparoscopic Drainage and Stone Removal
 - If Abscess is Drained Percutaneously, the Stone Should Be Eventually Retrieved Laparoscopically – High Risk of Recurrence if Left

Remnant Gallbladder

- Risk: 0.18% ⁴⁹
- Present with Symptoms of Postcholecystectomy Syndrome
 - *See Above
 - May Arise Days-Years After Surgery
- Diagnosis is Often Difficult to Make Due to Rarity
 - Options: US, CT, MRCP, or ERCP
- Treatment: Completion Cholecystectomy
 - Can Be Performed Open or Laparoscopic ⁵⁰
 - Surgery is Often Challenging Due to Complexity of the Reoperative Field – May Require a Subtotal Fenestrating Cholecystectomy if Unable to Safely Identify the Critical View to prevent Another Remnant Gallbladder ⁵⁰

Non-Biliary Complications

- *Bleeding*
 - Risk for Clinically Significant Bleeding: 0.1-1.9% ⁵¹
 - Sources of Bleeding: ⁵²
 - Vessel Injury
 - Slippage of Clips/Ligatures Off the Cystic Artery
 - Liver Bed
 - Port Sites
 - Treatment Depends on Source
- *Bowel Injury*
 - Risk: 0.07-0.7% ⁵³
 - Burn/Thermal Injuries May Present in a Delayed Fashion
- *Pneumothorax*
- *Surgical Site Infection/Abscess*
- *Mortality*
 - 30-Day Risk: 0.1-0.7% ⁵⁴
 - Risk Factors: ⁵⁴
 - Elderly
 - Underlying Comorbidity
 - Acute Surgery
 - Perioperative Complications

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